# ARE TRAUMA INFORMED?

We have trained Superintendents, Administrators, Teachers, and Para-Professionals, even Bus Drivers and Kitchen Staff.

IF YOU WORK WITH STUDENTS OUR TRAININGS ARE FOR YOU!

THINNES.

Trainings can be tailored to your individual needs and are offered both in-person and virtually.

### **TRAUMA 101**

Participants will develop an understanding of how trauma impacts brain development and how this can manifest in behaviors in the classroom.

# 12 CORE CONCEPTS OF TRAUMA

Participants will learn how to build resilience in their students through their understanding of the 12 Core Concepts. This interactive experience provides the opportunity to apply these concepts in the school setting.

## TRAUMA TIPS & TOOLS FOR EDUCATORS

Participants will develop the skills needed to engage with students who have been exposed to trauma. Appropriate responses to support emotional, cognitive and behavioral needs of students and improve coping in the classroom environment will be explored.

# CREATING A TRAUMA INFORMED SCHOOL CULTURE

(Can be offered as an Administrator Academy)

School leaders will focus on systems-level changes that they can implement in order to enhance their programming for students with or without a trauma history.



of participants agreed that they would use the info they gained

Consultation
Package Add-Ons
AVAILABLE FOR
PURCHASE!



# SELF-AWARENESS AND YOUR ROLE IN THE RELATIONSHIP

This training will help participants understand the importance of self-awareness and the impact they themselves can have when working with individuals who have experienced trauma. This session will encourage participants to reflect on their ability to be vulnerable, to explore their own educational experiences and to develop their understanding of their role within the healing relationship.

### BUILDING RESILIENCE WITHIN THE EDUCATOR

This training will help participants understand the impact of stress and trauma on an individual, including how work with individuals who have experienced trauma can impact them. Several strategies will be reviewed to aid in decreasing the effects of stress and trauma on the physical, psychological and emotional impact.

# LESSONS FROM THE TOUGHEST KIDS TRAINING

Based on the Book Raising the Challenging Child

Lessons that are organized from seasoned therapists who have worked in residential treatment, foster care and adoption, outpatient settings and schools. This workshop will make the theoretical practical for professionals working with kids. The lessons shared will make complicated concepts from neuroscience, interpersonal neurobiology and research easily digestible and highlight common pitfalls when dealing with attachment issues and complex trauma. It will be a "do this, not that" framework, pointing out mistakes made even when educators think they are being supportive.





# YOUR NEXT STEPS

**VISIT US AT** tkcchaddock.org

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